E.N.I.G.Ma
Every News In Gross for Masses

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Yash | Akshat | Anant | Akshata | Tanvi | Lakshita

Cover Page : Aakanksha G
Bal Bharati News

Events

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“Yoga is a journey of the self, through the self, to the self.”

International Yoga Day

The United Nations has declared 21st June as the International day of yoga. This day, countries present in different parts of the world practice this art form on a massive scale. Yoga is an ancient art which originated in India a long time ago and was mainly practiced by the yogis back then. Most important pieces of equipment for practicing yoga are the body and mind. It is associated with the meditation of both through relaxation of the body. This year, on June 21st, our school was blessed with the presence of volunteers from Isha Foundation. Members of the organization enlightened the students during the assembly and told them what yoga meant and how it plays an important role. They truly evoked the inner yogi of every child. They demonstrated different asanas and even made them practice some. Everyone participated enthusiastically and it was truly a blissful sight to cherish.

- Manavi Luthra

Cycle Rally For A Cause…

The beauty of the rising sun, a few morning walkers here and there, and a group of enthusiastic students and teachers make the monthly cycle rallies special. One such "water conservation" themed rally was organised on 18th June, to rejuvenate our spirits after a long vacation. The turnout was amazing and the rally was very well planned and executed by the teachers and council members. The cyclists rode from school till beyond central park and back, early in the morning. They received a few encouraging nods and smiles from the morning walkers and returned home having made wonderful memories from this remarkable experience.

- Lakshita Joshi XI - Lily
Career Dilemma

After your high school life comes to a halt, three unrevealed paths are waiting for you. Namely, the three streams, Science, Commerce and Arts. Students who are determined to pursue a career, very well opt out the roads they need not trod. But some fellow students like me, remain vague in picking their career. I wonder how out of so many options, one can seamlessly, without any hesitation, make a choice. If you are one of those who have encountered this problem, don’t worry, I have got something to share with you all.

It’s okay to remain uncertain and take time to explore yourself. It’s also okay to choose a track you wish you hadn’t chosen and return back to the starting point and begin again. Choosing a career is a really crucial part of life. You have to perhaps deal with the same career throughout your life. So don’t fret if this process is time consuming or seems endless. In the end, if you are willing to work diligently and ambitiously, no matter what, you will succeed. Just surrender your confusions, and make this hunt an information gaining process. We all are gifted with incredibly beautiful brains. Stuff it with knowledge and lessons. Take advice from experienced people. Get out of your comfort zone. It would be so much better if your career is in sync with your passion. Recognize your passion and pursue it as your career. Don’t think about the risks it holds, rather visualize yourself being a risk for your competitors.

After all if you were given a map, then you apparently wouldn’t find places which fit you like a jigsaw. It will take time, but in the end it will be worth the wait. So what if you don’t end up earning handsomely or living a luxurious life? Money is temporary and so are the goods it gives. It won’t be able to buy you happiness, if you are not satisfied. Look for happiness, passions and opportunities. You will surely find your career as it is an inevitable process. Sculpt your life patiently and wisely.

- Shraddha Kodavade.

Everything

She stood on the edge of a dark abyss,
Desperate to cling on to a life that didn’t exist.
And there, she made a wish.
A wish upon a shooting star,
Which burns bright,
But flashes once in our lives,
And fizzes out.
She had everything,
All the things she’d dreamed of.
She eased her way to the top.
But did she really have everything?

Those fake smiles,
Those jealous looks.
Those words which were as real
As Gobbledegook.
And there, as I spied upon her
From my solitary island,
I realised, and my mind took a huge hit;
She didn’t wish to gain everything,
She wished to lose it.
“Sometimes, the richest awards are in the currency of experience.”

- Lonely Planet
Every time you visit a new place, you inevitably fall in love with it. You fall in love with the views, the food, the roads even, the nightlife and so on. Well, I went to Sikkim and I fell in love with the people. Everyone was so beautiful and happy and calm and peaceful and polite. Every time some stranger was polite to me, I skipped and danced in my mind to find that such good people still exist. But I also felt a pang of grief. Why was being commonly polite to other people such a big deal to me? To every tourist, in fact.

Well, let’s move on to other things for now. So I wanted to try something different this year, so instead of staying at those same boring hotels which serve you continental food no matter where you go (I for one, love tasting authentic dishes), I airbnb’d. For those of you who don’t know, Airbnb is a very successful and safe bed ‘n’ breakfast service. It basically means you live at a stranger’s place instead of a hotel. Doesn’t that sound exciting? It is! I airbnb’d at three homes and I loved every bit of it.

I got to eat local food, know local political views, know a bit about the local tongue and find the cheapest shopping centres! Since commute was hard to find in these hilly areas, our hosts drove us places themselves, as if that isn’t the sweetest thing. It was great to meet locals and make friends with them. Every time we go on a vacation, we see things tourists are meant to see. But because I was with the local people I saw more than I would have and I came to know much more about how people live, what kind of people live, how they live, what they eat, what they wear, what they speak, what they read and so on. It made me realize everyone is so different, yet so same and that makes me happy.

Fun fact: I also saw a political campaign (in Kalimpong which is in West Bengal) as it was election time when I went and it was insanely exciting to see all of it.

P.S: TMC won. - Tanvi Vipra XI - Lily
To get your articles/artwork published in our newsletter, email it to us on

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Thank you!